

# BETTING BLUEPRINT

THE TRUE ODDS OF GAMBLING AND GAMING WORKSHOP

Creating a curriculum for college campuses to educate college students on healthy gambling, financial wellness, risk, identifying gambling-related harms, & where to seek help.

## Modules Include:

Providing flexibility with required and recommended modules allowing for 20, 35, and 50 minute presentations to a variety of student audiences.

1 Gambling & Gaming Literacy



2 Gambling & the Brain



3 Protective & Risk Factors



4 Low-Risk vs Higher-Risk Behaviors

5 How to Recognize Harm

6 How to Talk with Others About Their Gambling

7 Activities Include:

- Assessing Risk Aversion
- Identifying Healthy Gambling Behavior

8 Resources (provided with QR codes)



### Project Partners:

ECU Campus Recreation & Wellness  
 NC Department of Health & Human Resources Problem Gambling Program  
 TELUS Health

